



Culinary


ADVISORIES

 Vegan

 Vegetarian

 **Balanced Lifestyle**
*These dishes offer
healthier preparations
and lower calorie counts*

 **Gluten Free**
*Please consult your server
on which dishes can be
prepared gluten-free*

 **Lactose Free**
*Please consult your server
on which dishes can be
prepared lactose-free*

Sandals' culinary team is equipped to provide vegan, vegetarian, balanced lifestyle, gluten or lactose free options upon request. Please inform your server if you have any food allergies or special dietary requirements.

Sandals' kitchens are not food allergen-free environments.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness to young children, seniors and those with compromised immune systems.