





YOUR ADVENTURE STARTS HERE!

Go off-the-beaten-path with the company voted World's Leading Caribbean Attraction Company. Choose from a variety of exhilarating excursions in Antigua and embark upon the adventure of a lifetime!

No matter what your personality type, occasion or whim, Island Routes Caribbean Adventures has authentic experiences just for you. You haven't really "done" the islands until you've done the Caribbean, Island Routes-style. So, jump on the right "route" and experience the Caribbean like never before.

TOUR NECESSITIES

Whatever "route" you choose, please do not forget to bring the following items with you:

We offer many of the essential items that you'll need in our Resort Shops. We suggest that you leave any jewelry or valuables in your room's safety deposit box as they may be easily lost on your endeavor.



FOR YOUR SAFETY

Some tours are physically demanding and are not suitable for women who are pregnant or individuals with heart conditions, back or neck problems, motion sickness, fear of heights, arm or hand surgery or any other physical challenge.



WELCOME TO BEAUTIFUL ANTIGUA



The twin islands of Antigua and Barbuda have been made famous for their 365 beaches, one for every day of the year. But, that's not all these islands have to boast about! Rich cultural and historical sites, a rugged land safari and lots of eco-adventures await. Travel to *Nelson's Dockyard* and *Shirley Heights*, where you'll enjoy picture-perfect views and breathtaking sunsets. Enjoy highlight stops on the *Xtreme Circumnavigation* speed boat tour or cruise to the neighboring island of Barbuda and enjoy the pink sands, tranquility and wildlife. Row by kayak through the *Frigate National Bird Sanctuary*, or take a flight through the treetops on a thrilling *Zipline Canopy Adventure*. Get lost in paradise on the island of Antigua!

10 COMMANDMENTS TO LIVE FUNNER

1	GET OFF THE RESORT
	The buffet isn't the biggest adventure of your vacation

- FIND YOUR ADVENTURE

 Do something you've never done before
- 3 DISCOVER YOUR ROUTES

 Make lasting memories as an honorary Caribbean native
- 4 EXPLORE YOUR TASTE BUDS
 Take advantage of zesty local fare
- **GET DIRTY**There's laundry service at the resort
- 6 IMMERSE YOURSELF
 In the unique culture, beauty and nature of each destination
- **7** HOLD ON TIGHT AND LET YOURSELF GO If you see a cliff ahead, zipline off of it!
- BE PART OF THE ISLAND ROUTES FAMILY
 Meet the locals, adventure follows everywhere they go
- 9 SEIZE THE DAY
 Get off the grid and reconnect
- 10 LIVE FUNNER
 Inspire your senses, feel fulfilled with a sense of belonging and great company

SUNSET SAILING

Sail off into the sunset on a one-of-a-kind romantic cruise along Antigua's breathtaking coastline. As the golden sun sinks into the horizon, this luxurious catamaran comes alive with music, laughter and love. Dance to the swaying rhythms of the music, share a cocktail with newfound friends, or steal away for a quiet moment together—reawakening your flame beneath the fiery night sky.

Days of Operation: Fri | Duration: 2.5hrs | East & West Coast

Island Routes Preferred Tour!



SANDALS' EXCLUSIVE CIRCUMNAVIGATION CRUISE

Explore the wonders of Antigua's coastline on this sun-filled coastal cruise. Sail along the shoreline, taking in the beautiful natural surroundings and historical sights—like the Pillars of Hercules—as you cross the rough Atlantic into the calm Caribbean Sea. Here, there's plenty of time to snorkel and swim through the shallow waters of Green Island before continuing on your journey around the coast.

Days of Operation: Wed | Duration: 7hrs | West Coast Only

DEEP SEA SPORT FISHING

Sail out on the high seas and get hooked on this not-to-be-missed expedition. Our skilled Captain will lead the way to some of Antigua's best fishing spots, brimming with marlin, sailfish and tuna, where you'll feel the rush of reeling in the catch-of-the-day. With the help of our expert crew, everyone from fishing fanatics to amateur anglers will find this adventure the perfect catch. *Unfortunately, we cannot guarantees that fish will be caught.*

Days of Operation: Daily | Duration: 4hrs | East & West Coast Full day Tour: 8hrs | Private Tours Also Available



SAIL & SNORKEL

Get up close and personal with Antigua's aquamarine ocean—above and below the surface. Cruise along the beach-dotted coast to the popular Cades Reef—a vibrant two-mile long habitat, home to a variety of sea life and coral. This spot is the perfect place to dive right in and explore the world beneath these pristine waters. After a delightful snorkeling adventure, it's back to shore for an authentic Caribbean lunch.

Days of Operation: Wed | Duration: 6hrs | East & West Coast

WADADLI ANIMAL NATURE PARK

Get ready to channel all your senses in this hands-on wildlife adventure. As you walk through the lush wilderness, keep your eyes and ears open for some of the island's most exotic animals, including monkeys, iguanas, parrots and peacocks. Some of the wildlife, like goats, sheep and foul, are even close enough to feed in this playful, interactive experience.

Days of Operation: Mon-Sun | Duration: 1hr | East Coast Only



CIRCUMNAVIGATION CRUISE

Explore the wonders of Antigua's coastline on this sun-filled coastal cruise. Sail along the shoreline, taking in the beautiful natural surroundings and historical sights—like the Pillars of Hercules—as you cross the rough Atlantic into the calm Caribbean Sea. Here, there's plenty of time to snorkel and swim through the shallow waters of Green Island before continuing on your journey around the coast.

Days of Operation: Tue, Thur, Sat | Duration: 7hrs | East & West Coast

Island Routes Preferred Town!

SUNSET CELEBRATION

There's only one place to be in Antigua when the sun starts to set and that's Shirley Heights. This lively town is not only home to the biggest beachside parties; it's also the best place on the whole island to witness the most picture-perfect sunset. So get ready to welcome the night with steel drums, dancing and laughter.

Days of Operation: Sun | Duration: 4hrs | East & West Coast



LAND & SEA ADVENTURE

No matter which direction you look, Antigua is always breathtaking. And on this picturesque tour, you'll see it from every angle. Start out with a 4x4 safari along the South Coast, passing historical sites and looking out over the lush countryside before reaching the beach and saying farewell to dry land. From here on out, it's smooth sailing on a luxury catamaran, where you can admire panoramic views of the beautiful bay and snorkel amongst the vibrant reefs.

Days of Operation: Thur | Duration: 7hrs | East & West Coast

THE BEST OF ANTIGUA

Discover the beautiful island of Antigua on this all-encompassing excursion. From some of its 365 beaches, one for each day of the year, to National Parks, small fishing villages and culturally historic landmarks, you'll get to know this exotic island inside and out. Plus, when you stop at Shirley Heights—a world-famous viewing spot—we'll make sure you have the best seats in the house.

Days of Operation: Mon-Sat | Duration: 3.5hrs | East & West Coast

Island Routes Preferred Tour!



HISTORIC FORT & BEACH SEGWAY TOUR

Forget walking tours or taking the bus. On this modern-day history excursion, you'll be riding in style. Step aboard your personal Segway and travel back in time to 1706—just before the French invasion. Make your way along the historic trail and get ready to conquer one of the British's most impressive forts. Then, it's time to celebrate your victory on the beautiful white-sand beach.

Days of Operation: Tue, Thur | Duration: 3hrs | East & West Coast

BEST KEPT SECRETS

Off-the-beaten-path is exactly what you get when you explore the North Sound islands. Set sail for this large unspoiled area off the coast—comprising of twenty-two little islands—and discover some of its secret spots. From coral reefs and mangrove nurseries to the famous Hell's Gate, you'll have plenty of fun swimming and snorkeling in the warm ocean. On land, there are also caves and hiking trails just waiting to be explored.

Days of Operation: Mon-Fri | Duration: 6.5hrs | East & West Coast



XTREME CIRCUMNAVIGATION

If you're looking for a thrilling adventure, a high-speed race around North Sound's islands is the answer. Hang on tight as you pass Antigua's beach-dotted coastline, weaving through the offshore islands to Stingray City and other iconic sights. If you don't get wet on the ride, there are plenty of chances to dive right in on this extreme adventure, from swimming with stingrays to snorkeling amongst volcanic boulders.

Days of Operation: Seasonal, please inquire at Tour Desk Duration: 6.5hrs | East & West Coast Island Routes Preferred Tour!

ALL AROUND ANTIGUA

You haven't seen Antigua until you've seen the views from sea. Hop aboard a luxury catamaran and set sail along the beautiful coastline, admiring the vibrant rolling hills and secluded offshore islands. There's even a chance to get up close and personal with Devil's Bridge—the naturally occurring rock arch. After your well-rounded excursion, it's time for a relaxing break on the uninhabited Green Island.

Days of Operation: Tue, Thur | Duration: 6hrs | East & West Coast



BARBUDA FOR A DAY

With the incredible island of Barbuda just miles away, you'd be crazy not to jump aboard our "Excellence" Catamaran and set sail for its pink-sand beaches. Take some time to bask in the crystal-clear waters before being whisked away through the mangroves to one of the World's largest frigate bird colonies. Make the most of your Antigua getaway and explore the wonders of two islands instead of one.

Days of Operation: Seasonal, please inquire at Tour Desk Duration: 6.5hrs | Last & West Coast

ADVENTURE CHALLENGE ANTIGUAT

Soaring through the sky is just the beginning on this action-packed island adventure. Watch the blossoming canopies pass under your feet as you rush through the sky on nine exhilarating ziplines. Kayak amongst the mangroves at North Sound Marine Park. Snorkel in the crystal-clear water surrounding Great Bird Island. And if you still have some energy left, hike to the top of Great Bird for a view that will take your breath away.

Days of Operation: Tue-Sat | Duration: 6hrs | East & West Coast



RAINFOREST RUSH

Give Tarzan a run for his money as you race through the rainforest like a pro. Suspended high above the treetops, you're in for the rush of a lifetime as you soar through the sky on twelve adrenaline pumping ziplines. If you're up for an extra challenge, channel your inner Indiana Jones and tackle the nine-element rope course for a truly natural high.

Days of Operation: Tue-Sat | Duration: 2.5hrs | East & West Coast

Island Routes Preferred Tour!

THE THRILLING THIRTEEN

In the Fig Tree Drive Rainforest, the number 13 is anything but unlucky. In fact, it's quite the opposite. Hidden away on the Southwest Coast of the island, high above the treetops is Antigua Rainforest Company's award winning zipline course. With an adrenaline pumping mixture of thirteen ziplines, short trails and suspension bridges, your day will definitely end on a high note

Days of Operation: Mon-Sat | Duration: 1.5hrs | East Coast Only



OFF-ROAD ADVENTURE

Brace yourself for a rugged adventure, where you'll most definitely get your hands dirty. Hop aboard an ATV and race south along the coast, passing old cane roads, rural farming estates, and the historic Monks Hill. Don't be fooled though, the scenic route in Antigua means dirt tracks and animal trails. But a little mud never hurt anyone, right?. Driver must be at least 25 and able to drive manual transmission.

Days of Operation: Tue, Sat | Duration: 1.5hrs | ATV Driving Time: 45min

East & West Coast

Dye-feyved Town!

ISLAND ECO SAFARI

The beauty of Antigua is at your fingertips on this island adventure. Race through the blossoming countryside on a 4x4 safari to the water's edge, where you'll jump in a kayak and navigate the mangroves to North Sound. Its crystal-clear waters and vibrant reefs are the perfect place to dive right in and snorkel amongst the tropical marine life. Last but not least, it's a short climb for a stunning panoramic view of the Atlantic merging with the Caribbean.

Days of Operation: Mon, Wed, Sat | Duration: 7hrs | East & West Coast



ISLAND SAFARI

There's much more to Antigua than it's beautiful landscape. Take a seat aboard our rugged 4x4 and get ready for a quick lesson in island culture. Your guide will whisk you along dirt roads to some of the most historical sites on the island like Betty's Hope sugar plantation, where you'll enjoy an authentic Caribbean picnic. After a relaxing afternoon splashing in the magnificent blue waters, you'll really know the island inside and out.

Days of Operation: Tue, Thur | Duration: 6hrs | West Coast Only

HALF MOON NATURE SAFARI

Don't forget your camera as you travel the island is search of its most stunning spots. Our rugged 4x4s will lead you through the thriving tropical rainforest to historic sites and harbours. Come afternoon, it's a hands-on adventure with a swim in the world-famous Half Moon Bay and a visit to Willoughby Bay's bountiful coral reefs.

Days of Operation: Tue, Thur | Duration: 6hrs | East Coast Only



STINGRAY CITY SAFARI

Get ready for a wild and bumpy ride on this thrilling 4x4 adventure. Meander down the dirt paths and rugged trails that make up the Antiguan countryside, taking in the beauty of the island as you pass. Journey through quaint fishing villages and rural estates as you make your way to the day's main attraction, Stingray City. Here, you take the lead, playing, feeding and swimming with the tame Southern Stingrays in their natural habitat.

Days of Operation: Sat, Wed | Duration: 6hrs | East (Wed Only) & West Coast

AERIAL ANTIGUA

Come fly with us around the beautiful island of Antigua. The sky's the limit as you fly high above the island in a helicopter, looking down over the gorgeous harbours, beaches and reefs, whose brilliant shades of blue are just begging you to dive in. Watch as your pilot skims the crystal-clear waters, offering you fantastic views of Shirley Heights, Nelson's Dockyard, Devil's Bridge and Northern Sound.

Days of Operation: Mon-Sat | Duration: 30min | East & West Coast



SOUTH COAST SOARING

Join us as we soar over the South Coast in a high-flying helicopter. Watch in awe as the picturesque beaches, harbours and coastline pass by below, giving you a new perspective on beauty. Your pilot will point out the south side's most renowned sites, including Nelson's Dockyard and Shirley Heights, as he skims the crystal clear waters, offering you a phenomenal view.

Days of Operation: Mon-Sat | Duration: 20min | East & West Coast

BIRD'S EYE BARBUDA

You may not be staying in Barbuda, but that doesn't mean you can't catch a glimpse of its beautiful beaches. Soar across the sky in a helicopter, looking down over the beautiful white, champagne and pink hued sand that lines the coast. Plus, get a birds eye view of the Frigade Bird Sanctuary, looming below in a lagoon of mangroves. If you're lucky, you might even sneak a peek at St. John's Harbour.

Days of Operation: Mon-Sat | Duration: 1.5hrs | East & West Coast



FLIGHT OF THE VOLCANO

Erupt with excitement on this once-in-a-lifetime flight to "Volcano Island." Fly via helicopter over the crystal-clear waters of the Caribbean to the explosive isle of Montserrat. Get up close to this active volcano, rising 3,000 ft. above sea level, watching out for plumes of ash, smoke, steam and lava. Plus, get an exclusive look at the high-risk Exclusion Zone and the dramatic destruction left behind by the powerful Soufriere Hills Volcano.

Days of Operation: Daily | Duration: 1.5hrs | East & West Coast

OUTBACK SAFARI

Experience an interesting mix of history, culture and spectacular coastal scenery on this island safari. From folklore and harbours to several National Parks, our comfortable 4x4 will lead you through the countryside to the most interesting sites on the island. By then you'll have worked up an appetite, so it's off to the beach for a delicious local lunch and refreshing afternoon swim.

Days of Operation: Based on Availability | Duration: 6hrs | East Coast



SHOP 'TILL YOU DROP

For real shopping lovers, this tour is an absolute must. Find old favorites at the duty-free store or put your skills to the test at the local Craft Market, where you'll barter with merchants for the ultimate island deal. Whether it's a gift for a friend or simple treasures to remember your travels, you'll find the best Antigua has to offer on this tropical shopping spree. Remember to take a picture ID and your flight information for duty free purchases.

Days of Operation: Mon-Sat | Duration: 2.5hrs | East & West Coast

READING ROAD TRIP

Make your time here meaningful by giving back to the Caribbean Community. On this heartfelt expedition, we'll take you to a nearby school where you can enhance the lives of local children. Watch them laugh and smile as you read stories, ask questions and draw pictures together, engaging them in this fun-filled learning experience. When it's time for goodbye, leave a lasting memory by donating a new or gently used book to be enjoyed time and time again.

Days of Operation: Thur | Duration: 2hrs | East & West Coast | Island Routes | Preferred Town!



GET OFF THE GRID!

CONNECT!

PLAN YOUR ROUTE OF ADVENTURE!

Welcome to Antigua! Now that you've made it down to the Caribbean, it's time to dig in and start exploring your new home with Island Routes Caribbean Adventures. Use the below planner to help map out your "route" to adventure while you redefine island living. Speak to your Island Routes specialist and book your adventure today!*

	TOUR(S)	DATE/TIME
SUNDAY		
MONDAY		4 4
TUESDAY		- 10- 10- 10- 10- 10- 10- 10- 10- 10- 10
WEDNESDAY		
THURSDAY		
FRIDAY		
SATURDAY		

^{*}Tours operate through rain or shine. Fishing: No guarantees that fish will be caught. Land and Sea tours: Chances of motion sickness may occur. We advise taking necessary precautions against such illnesses. Days and times of operation may change due to minimum numbers not being met, national boildays, unusual occurrences etc.; please confirm with your tour desk upon arrival on island. Pictures are for advertising purposes only; pictures listed do not always represent every tour. Children prices are for 12 years old and under. Certain tours require a minimum number of persons to be confirmed. Also inquire about our Limited Edition Tours and about customizing your very own tour.

MAP YOUR ROUTE TO LIVE FUNNER N ANTIGUA



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