

ISLAND  
*Routes*  
CARIBBEAN ADVENTURES



MONTEGO BAY  
JAMAICA



LIVE  
FUNNER

# WORLD'S LEADING CARIBBEAN ATTRACTION COMPANY



Caribbean's Leading  
Adventure Tour  
Operator

# YOUR ADVENTURE STARTS HERE!

Go off-the-beaten-path with the company voted World's Leading Caribbean Attraction Company. Choose from a variety of exhilarating excursions in Montego Bay, Jamaica and embark upon the adventure of a lifetime!

No matter what your personality type, occasion or whim, Island Routes Caribbean Adventures has authentic experiences just for you. You haven't really "done" the islands until you've done the Caribbean, Island Routes-style. So, jump on the right "route" and experience the Caribbean like never before.

## TOUR NECESSITIES

Whatever "route" you choose, please do not forget to bring the following items with you:

We offer many of the essential items that you'll need in our Resort Shops. We suggest that you leave any jewelry or valuables in your room's safety deposit box as they may be easily lost on your endeavor.



CAMERA



SUNGLASSES



CASH



TOWELS



HAT



SWIMSUIT  
and Change  
of Clothes



WATER



SUNBLOCK



BUG  
REPELLENT



WATER SHOES  
or Sneakers



SEA SICKNESS  
TABLETS

## FOR YOUR SAFETY

*Some tours are physically demanding and are not suitable for women who are pregnant or individuals with heart conditions, back or neck problems, motion sickness, fear of heights, arm or hand surgery or any other physical challenge.*

# WELCOME TO MONTEGO BAY



Island Routes wants to show you the hidden treasures that will make your time spent with us the best part of your vacation. Hop aboard a customized Catamaran and cruise the island in style, stopping at famous tourist spots like Jimmy Buffett's Margaritaville. Saddle up for a ride that takes you on horseback straight into the Caribbean Sea. Relax on a *Bamboo River Raft* down the Martha Brae River or swim with gentle creatures like dolphins and stingrays. Soar high above the treetops on a *Zipline Canopy Adventure* or get dirty on an *ATV or Dune Buggy Safari*. It's cool runnings on a *Jamaica Bobsled Ride* through the rainforest for a thrilling experience. Jamaica - where everything is Irie.

## REGGAE CATAMARAN CRUISE

The DJ spins a reggae soundtrack and the crew plays host on this luxury catamaran adventure serving up snorkeling, panoramic views, premium brand drinks and hors d'oeuvres, with a visit to the famous Jimmy Buffett's Margaritaville, and a cruise down the legendary Montego Bay Riviera. Not to be missed!

Days of Operation: Tues-Sat | Duration: 3hrs



## LOVER'S ROCK CATAMARAN CRUISE

Two hearts become one as this luxury catamaran sails into the fiery Jamaican sunset. Couples can steal away to a quiet spot on deck to soak in the stunning views or join their fellow romantics and dance the night away. The crew is on-hand to mix up exotic cocktails, serve gourmet hors d'oeuvres, and keep the boat pulsating with music.

Days of Operation: Wed, Fri | Duration: 3hrs

*Island Routes  
Preferred Tour!*

## BICYCLE ADVENTURE IN THE BLUE MOUNTAINS

Journey up into the majestic Blue Mountains, home to the world-famous Blue Mountain coffee. This soaring and swooping landscape offers breathtaking, panoramic views of mist-covered peaks and pristine, emerald valleys. Cycle along hilly paths through a tropical rainforest and learn about the indigenous herbs and plants that grow everywhere you look. Lastly, enjoy a cool dip under a crystal clear waterfall.

**Days of Operation: Mon-Sat | Duration: 8hrs**



## SEGWAY ADVENTURE

Step aboard your personal Segway and embark on a guided tour as you make your way to the beautiful Great House Gardens. Then, continue your unique journey and head to Farmer Joe who will amaze you as he effortlessly climbs a 30-foot coconut tree.

**Days of Operation: Daily | Duration: 3.5hrs**

## GOLF AT CINNAMON HILL

Play on one of the Caribbean's best golf courses, Cinnamon Hill Golf Course on Jamaica's Gold Coast. Designed by Robert von Hagge and Rick Baril, the course winds its way along shores lapped by the turquoise Caribbean Sea, and through the lush mountain terrain of its demanding back nine—the 17th hole tee-off is 350-feet above sea level! This challenging par-72 layout has 4 sets of tees that offer a great experience for players of all levels. *9-hole or 18-hole experience available.*

**Days of Operation: Daily | Duration: Varies**



## JOHN'S HALL TOUR EXPERIENCE

Journey over tree-covered mountains and through lush green countryside to John's Hall village. On the way, your guide will share the history of the island's native Arawak Indians. Upon arrival, you will be welcomed by the young students of the Basic School who will perform melodic folk songs for you. Then, you'll go on a tasting spree, sampling exotic fruits at the estate of John's Hall and enjoy a mouthwatering Jamaican lunch.

**Days of Operation: Mon, Wed, Fri | Duration: 5hrs**

## DOLPHIN PARK ADMISSION

Available in Ocho Rios and Lucea

After arriving at our exotic Dolphin Lagoon, experience mini-boat rides\*, glass bottom kayak rides\*, snorkeling, a swim with gentle stingrays and a nature trail\* where you'll stroll along and interact with exotic birds, snakes and iguanas. Next up, you'll witness our shark show, where brave pirates tempt fate by interacting with sharks.

Days of Operation: Daily | Duration: 5hrs (Ocho Rios), 2.5hrs (Lucea)

\*Available in Ocho Rios only | Combinable Tour Option: Dunn's River Falls



## DOLPHIN SWIM

Available in Ocho Rios and Lucea

Swim in a natural lagoon with a friendly dolphin who just wants to play, pull you on a gentle belly ride and maybe share a song or a kiss. This tour also includes mini-boat rides\*, glass bottom kayak rides\*, snorkeling, a swim with gentle stingrays, and a nature trail\* where you'll stroll along and interact with exotic birds, snakes and iguanas. Next up, you'll witness our shark show, where brave pirates tempt fate by interacting with sharks.

Days of Operation: Daily | Duration: 3hrs (Dolphin Program is 45min)

\*Available in Ocho Rios only | Combinable Tour Option: Dunn's River Falls



## DOLPHIN ENCOUNTER

Available in Ocho Rios and Lucea

Learn about dolphins, get a kiss and have a chance to caress these mammals while in knee deep water. This tour also includes mini-boat rides\*, glass bottom kayak rides\*, snorkeling, a swim with gentle stingrays, and a nature trail\* where you'll stroll along and interact with exotic birds, snakes and iguanas. Next, you'll witness our shark show, where brave pirates tempt fate by interacting with sharks.

Days of Operation: Daily | Duration: 3hrs (Dolphin Program is 45min)

\*Available in Ocho Rios only | Combinable Tour Option: Dunn's River Falls



## ULTIMATE SWIM

Available in Ocho Rios and Lucea

Guests team up with two friendly porpoises for an up-close encounter during the most comprehensive of all our dolphin programs. Feel the thrill as these mammals pull you along by their dorsal fins or give you a foot-push through the crystal-clear lagoon. Then, enjoy the rest of what Dolphin Park has to offer.

Days of Operation: Daily | Duration: 3hrs (Dolphin Program is 45min)

\*Available in Ocho Rios only | Combinable Tour Option: Dunn's River Falls

## DOLPHIN TRAINER FOR THE DAY

This remarkable opportunity takes animal lovers behind the scenes with dolphins to learn professional training techniques, food preparation and feeding, and of course, one-on-one interaction with these playful mammals. At playtime, trainers frolic, ride belly-to-belly and get a thank you kiss from their new dolphin friends.

Days of Operation: Daily | Duration: 6hrs



## SOUTH COAST RIVER, RUM & FALLS

This “triple threat” adventure combines the spirit of Jamaica with the wonders of its landscape. Sample one of the world’s finest rums and take an inside look at the rum-making process at the famed Appleton Estate. Safari down the Black River and see the crocodiles that call its banks home, then travel to ‘YS’ Falls and cool off as you rope swing into the crystal water of this majestic wonder.

Days of Operation: Wed, Fri | Duration: 5hrs

## JAMAICA BOBSLED, SKYRIDE & ZIPLINE

This three-in-one experience delivers a thrilling, gravity-driven ride in customized high-tech bobsleds—a fun homage to Jamaica’s Olympic bobsled team. A chairlift skyride will have you ascending high above the treetops (hold onto those flip flops). Then, strap in and take the high route on a zipline flight through the heart of the rainforest canopy. Did we mention the vertical descent and suspension bridge?

Days of Operation: Daily | Duration: 3hrs

*Island Routes  
Preferred Tour!*



## DISCOVER DUNN'S RIVER FALLS

Experience the majesty of Dunn’s River Falls, one of Jamaica’s most magnificent natural treasures and one of the globe’s most gorgeous spots. Join hands and form a human chain as you wind your way up the rocky slopes of this legendary 600-foot waterfall, led by expert guides. Soak in the refreshing, pure waters, as they cascade down from their untainted source, high in the mountains above Ocho Rios.

Days of Operation: Daily | Duration: 2hrs

*Island Routes  
Preferred Tour!*

## LET'S GO NATIVE NEGRIL ADVENTURE

Spend the day living the laid-back lifestyle of Jamaica's "Capital of Casual." A leisurely tour of the scenic North Coast includes stops to meet locals and to learn about the area's history and culture. Then, it's off to Negril's Seven Mile Beach to laze in the sun, and finally a visit to the West End Cliffs to take in the breathtaking sunset.

Days of Operation: Wed, Sat | Duration: 5hrs

*Island Routes  
Preferred Tour!*



## TASTE OF JAMAICA & GREAT HOUSE ESTATE

Take in the beauty of Jamaica from the Good Hope Great House. Known for its old world charm, this historical estate overlooks the Queen of Spain Valley, the Martha Brae River and the uncharted Cockpit Mountains. Tour the restored Great House and enjoy an amazing culinary adventure, tasting traditional dishes made with local grown ingredients and Jamaican spices.

Days of Operation: Daily | Duration: 4hrs

## ROSE HALL GREAT HOUSE

Explore the beautifully restored Rose Hall Great House where you may catch a glimpse of the ghost of Annie Palmer, known better as the White Witch. Said to have had voodoo powers, she ruled her plantation with an iron fist, doing away with her many husbands and lovers. She was killed by a powerful medicine man and even though he burned her portraits and marked her grave, the legendary White Witch of Rose Hall remains to haunt the Great House and plantation.

**Days of Operation: Daily | Duration: 1hr**



## JAMAICA SWAMP VILLAGE TOUR

Experience the rush of getting up-close and personal with monster crocodiles and enjoy the sounds of rare birds, while taking a stroll through Jamaica's largest walk-through aviary. Other exotic animals you may encounter include, the Jamaican boa constrictor, the gray fox, capuchin monkey, coati, spotted paca, and the Jamaican coney—once considered extinct. This is a once-in-a lifetime experience for every thrill-seeker. It's a jungle out there!

**Days of Operation: Tues-Sun | Duration: 4hrs**

## ATV SAFARI

Available in Sandy Bay

Ride individual, four-wheel ATVs along the rugged dirt trails, river beds, lush forest paths, and hilltops for which Jamaica is famous. No extra charge for the dust and mud. *Driver must be at least 16 years old.*

**Days of Operation: Daily | Duration: 4.5hrs**



## DUNE BUGGY SAFARI

Available in Sandy Bay and Falmouth

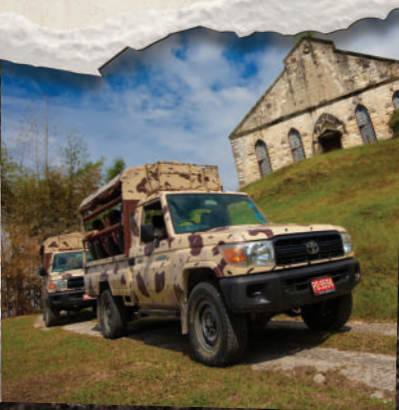
This tour is designed for those who want to go off-road for a thrilling and rough ride in your very own Dune Buggy. On your exhilarating journey, drivers negotiate curves and turns with breathtaking views of Jamaica's countryside and beach-dotted coastline. This is a once-in-a-lifetime adventure you won't want to miss!

**Days of Operation: Daily | Duration: 2hrs**

## 4X4 OFF-ROAD SAFARI

Go off the beaten path and experience the very heart of paradise on this safari exploring Jamaica's rugged interior and lush valleys. Walk on the wild side through lush, tropical foliage, discover waterfalls, jump into spring water pools and get to know Jamaica's rich history during stops at local landmarks.

Days of Operation: Daily | Duration: 4hrs



## HORSEBACK RIDE 'N' SWIM

Imagine exploring the incredibly gorgeous countryside of Jamaica on horseback. Amble through a tropical rainforest atop a sleek, gentle mare or noble stallion. Then, prepare yourself for a totally unique experience, as you and your mount cross the white-sand of a pristine beach and enter the warm waters of the Caribbean. Go bareback through the crystal seas together and enjoy the ride of your life.

Days of Operation: Daily | Duration: 2hrs

*Island Routes  
Preferred Tour!*

## JUNGLE RIVER TUBING

Available in Montpelier and Falmouth

Sit back, relax and enjoy traveling through rapids and enchanting lagoons with nature's beauty floating by. Your inflatable tubes will be tied together as you navigate the gorgeous waters. Your knowledgeable guide will lead you through a seldom-seen Jamaica and introduce you to a variety of exotic plants and animals that make their home in this lush, tropical habitat.

Days of Operation: Daily | Duration: 2hrs



## BAMBOO RIVER RAFTING

A must do, authentic Jamaican experience. Guests enjoy a therapeutic, scenic, romantic raft ride that meanders down the Martha Brae River and through three miles of lush forest. The unique, 30-foot bamboo rafts are skillfully piloted by experienced raft captains or you can try your luck and see where you can navigate the raft. The river holds the secret to a search for gold and is guided by her namesake, a clever Arawak Indian witch, so beware.

Days of Operation: Daily | Duration: 1.5hrs

*Island Routes  
Preferred Tour!*



## BLACK RIVER SAFARI & 'YS' FALLS

See the quintessential “Land of Wood and Water” on this safari down the Black River, where the crocodiles come out to play and the mangroves are a haven for over 100 species of wildlife. Then, it's off to 'YS' Falls where you can be like “Tarzan and Jane”, climbing this seven-tiered wonder and rope swinging into its crystal clear pools.

Days of Operation: Tues, Thurs | Duration: 3hrs



## ZIPLINE & RIVER KAYAK ADVENTURE

Available in Montpelier and Falmouth

Get ready for an adrenaline rush on this expedition through air and water. Paddle the rapids and cascades on this thrill-a-minute excursion down one of Jamaica's famous rivers. Zipliners will fly through the treetops and dash through the wild and lush landscape before paddling down the majestic waterway, enveloped in myriad shades of green.

Days of Operation: Daily | Duration: 2hrs (Montpelier), 3hrs (Falmouth)

## RIVER BOARDING ON THE RIO BUENO

Grab a river board and surf the historical Rio Bueno River. You take hold of your river board and leap into the refreshing water, instantly cooled and ready to begin your incredible journey downstream. The currents take you to the mouth of the river and into the Caribbean Sea, where you paddle your river board towards shore and onto a private beach. Here, you'll have some time to enjoy a refreshing drink and take a dip in the warm ocean water.

**Days of Operation: Sun-Fri | Duration: 1.5hrs**



## RIVER RAFTING ADVENTURE

Enjoy an amazing group experience aboard one of our white water rafts. As you enter the deeper sections of the river, you can jump into the refreshing water for a chance to swim and admire the natural beauty of your surroundings. The river currents carry your raft over one final cascade, passing under an old colonial stone bridge before heading towards the Caribbean Sea, where your guide will lead you to a private beach for a cool drink.

**Days of Operation: Sun-Fri | Duration: 1.5hrs**

## RIO BUENO TUBING SAFARI

Grab your tube and experience a wonderfully exciting excursion floating down the Rio Bueno river. A mix of currents carry you downstream as you sit back and admire the natural surroundings of the river valley before feeling the rush of the splashing rapids. Then, you'll be pulled by boat until landing ashore on a beautiful private beach for a cool drink and some relaxation.

Days of Operation: Sun-Fri | Duration: 1.5hrs



## KAYAK ADVENTURE FOR TWO

Share a wonderful adventure with a partner or friend on a white water kayak for two. Feel the intensity of the rushing water and swift currents as they carry your kayak downstream, challenging you and your partner to paddle confidently through various areas of exciting white water rapids and picturesque river pools. As you pass under the old stone bridge, your kayak takes a calm ride into the Caribbean Sea where you'll paddle along the coastline until you arrive at our private beach for a cool drink.

Days of Operation: Sun-Fri | Duration: 1.5hrs

## DEEP SEA SPORT FISHING

The “reel” way to enjoy the Caribbean—hop aboard one of the best fishing boats, our 46-foot Hatteras, Cheryl Ann, where our experienced and knowledgeable captain and crew will take you to the best fishing grounds in the region, as renowned by the International Game Fishing Association (IGFA). This area referred to as “Marlin Alley”, will have you angling for Blue Marlin, Kingfish, Yellowtail, Tuna and more.

Days of Operation: Mon-Sat | Duration: 4hrs

*Island Routes  
Preferred Tour!*



## ZIPLINE & RIVER TUBING

This marvelous adventure delivers the joy of flight with the cool relaxation of going with the flow down one of Jamaica’s famous, crystal clear rivers. Zipliners soar over pristine waters and through Jamaica’s dense forest canopy. Back down on Earth, enjoy a float down a meandering river, crowned by exotic fruit and lush vegetation.

Days of Operation: Tues-Fri | Duration: 3hrs

## ZIPLINE CANOPY

Are you looking for a blood rushing, breathtaking view of Jamaica's forest? Hear and see the rushing waters as you traverse up to 35 miles an hour across springs, rivers and historical sites. This amazing experience of gliding silently through a tunnel of trees is the closest you'll ever get to feeling like a jungle bird and a must-do in Jamaica.

Days of Operation: Daily | Duration: 2hrs



## SANDALS FOUNDATION READING ROAD TRIP

Help out on your vacation and get involved in a volunteer literacy program aimed at improving listening, reading and comprehension skills of local children, in conjunction with the Sandals Foundation. Head into the community to participating basic and primary schools to engage small groups of children in active reading strategies. Facilitators will be on hand to guide participants on how to encourage children.

Days of Operation: Thurs | Duration: 2hrs

# PLAN YOUR ROUTE OF ADVENTURE!

Welcome to Jamrock! Now that you've made it down to the Caribbean, it's time to dig in and start exploring your new home with Island Routes Caribbean Adventures. Use the below planner to help map out your "route" to adventure while you redefine island living. Speak to your Island Routes specialist and book your adventure today!\*

	TOUR(S)	DATE/TIME
SUNDAY	_____ _____	_____ _____
MONDAY	_____ _____	_____ _____
TUESDAY	_____ _____	_____ _____
WEDNESDAY	_____ _____	_____ _____
THURSDAY	_____ _____	_____ _____
FRIDAY	_____ _____	_____ _____
SATURDAY	_____ _____	_____ _____

*\*Tours operate through rain or shine. Fishing: No guarantees that fish will be caught. Land and Sea tours: Chances of motion sickness may occur. We advise taking necessary precautions against such illnesses. Days and times of operation may change due to minimum numbers not being met, national holidays, unusual occurrences etc.; please confirm with your tour desk upon arrival on island. Pictures are for advertising purposes only; pictures listed do not always represent every tour. Children prices are for 12 years old and under. Certain tours require a minimum number of persons to be confirmed. Also inquire about our Limited Edition Tours and about customizing your very own tour.*

# MAP YOUR ROUTE TO LIVE FUNNER IN → JAMAICA



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social!



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N. America ...877.768.8370  
Caribbean ...800.744.1150  
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