

LES HORS D'OEUVRES – APPETIZERS

ESCARGOTS GRATINÉS

Escargots, garlic-parsley butter, grated Parmesan

SOUPE À L'OIGNON FRANÇAISE

Caramelized onion, white wine, beef stock, crouton, melted Gruyère cheese

COCKTAIL DE CREVETTES

Poached shrimp, lime, Marie-Rose sauce

RILETTES DE MER

Delicate seafood spread of smoked salmon, marlin and trout, sour cream, garlic crostini

ESCALOPES DE POMMES DE TERRE V 🆗 🌾 Pumpkin purée, black bean-corn & tomato salsa

SALADE DE MAISON V 衸 🕼 Seasonal local greens, roasted beet root, asparagus, candied nuts, Dijon mustard dressing vinaigrette

TARTARE DE THON V Sushi grade yellowfin tuna, Sriracha sauce, shallots, lemon juice, avocado, wasabi aioli

LES PLATS PRINCIPAUX - MAIN COURSES

POULET CORDON BLEU (Signature Dish)

Cheese and ham stuffed chicken breast, breaded, fried golden brown, market vegetables, lingonberry sauce, rice pilaf

CREVETTES PROVENÇALES Shrimp, mashed potato, asparagus, Provençale sauce

CÔTES DE BOEUF AU JUS

Slow roasted beef entrecôte, haricots verts, mashed potato, red wine jus

CANARD À L'ORANGE

Crispy roasted duck, potato croquettes, braised red cabbage, orange-scented duck jus reduction

ROULADE AUX ÉPINARDS 💸 🏇 🌾

Premium plant-based Hungry Planet meat, sautéed spinach, braised lentils, broccoli, spicy tomato compete

FILET DE SAUMON \checkmark

Pan-seared Atlantic salmon fillet, mashed potato, green asparagus, lemon beurre blanc, Dijon mustard drizzle

SOURIS D'AGNEAU AU ROMARIN

Tender braised lamb shank, haricôts verts, roasted pumpkin, creamy mashed potatoes, Cabernet jus

LANGOUSTE THERMIDOR

Tender Caribbean lobster, mashed potatoes, sautéed market vegetables, rich Cognac cream, Gruyère cheese

<u>LES DESSERTS</u>

VACHERIN DE FRUITS Fruit vacherin, white chocolate mousseline, fruit salad

CRÈME BRÛLÉE Creamy custard, caramelized sugar crust, fresh fruits, brandy crisp **MERINGUE AUX AGRUMES** *Citrus custard, meringue, chantilly cream, candied zest*

TARTE AUX POIRES

Pear almond tart, brandy-nutmeg sabayon



SAVOUR THE WORLD

Balanced Lifestyle These dishes offer healthier preparations and lower calorie counts Gluten Free Please consult your server on which dishes can be prepared gluten-free Lactose Free Please consult your server on which dishes can be prepared lactose-free

Please inform your server if you have any food allergies or special dietary requirements. Sandals' kitchens are not food allergen-free environments. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness to young children, seniors and those with compromised immune systems.