



SET ON SPECTACULAR LOCATIONS on the soft white sands of some of the Caribbean's best beaches, Barefoot by the Sea's charm and ambience is unmatched. Here, you'll dine on the freshest seafood fare available.

APPETIZERS

SEAFOOD RILLETTES

Smoked seafood spread
(salmon-marlin-trout), garlic crostini

FISH & SEAFOOD SALAD

Shrimp, scallops, fish fillet, mango, red onion,
bell peppers, Scotch Bonnet pepper, cilantro, lime

COCONUT BREADED SHRIMP

Garlic chili dip, green papaya slaw

SEAFOOD BISQUE

Buttered croutons, sour cream swirl

CAESAR SALAD - V

Crisp romaine lettuce, creamy herb dressing,
garlic croutons, parmesan cheese

TOMATO & HEARTS OF PALM SALAD - VV

Shaved onions, basil pesto baby greens

ENTRÉES

STEAMED MUSSELS & CHORIZO

Signature Dish

Shallot, garlic, leeks, white wine, diced tomato,
garlic bread

BLACKENED BLUE MARLIN FILLET

Buttered broccoli, Creole Sauce, steamed rice

PAN-FRIED CAULIFLOWER STEAK - V

Curry cream, crisp chick peas, confit cherry
tomato, herb oil

SURF & SURF

Seared snapper fillet & broiled garlic herb prawn
brochette, sautéed vegetable ribbons,
mashed potatoes

VEGETABLE ALFREDO - VV

Penne pasta, broccoli, bell pepper, mushrooms,
green peas, garlic cream, truffle oil.
(Also available with grilled chicken breast)

SEAFOOD YOUR WAY

FISH

Grilled Swordfish Steak
Pan-Fried Snapper Fillet
Sautéed Shrimp

ACCOMPANIMENTS

Mashed Potato
Steamed Jasmine Rice
Lentil Stew
Roasted Potatoes
Chef's Choice of Vegetables

SAUCES

Creole
Lemon-Caper Beurre Blanc
Lemongrass-Coconut
Rosemary Merlot Demi-Glaze

DESSERTS

WARM JAMAICAN
FRUIT CAKE

CHOCOLATE BROWNIE

ACKEE & WHITE
CHOCOLATE CHEESECAKE

Vegetarian - V

Vegan - VV

*Please inform your server if you have any food allergies or special dietary requirements.
Sandals' kitchens are not food allergen-free environments. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness to young children, seniors and those with compromised immune systems.