

Barefoot

By the Sea

SET ON SPECTACULAR LOCATIONS on the soft white sands of some of the Caribbean's best beaches, Barefoot by the Sea's charm and ambience is unmatched. Here, you'll dine on the freshest seafood fare available.

APPETIZERS

SEAFOOD RILLETTES

Smoked seafood spread
(salmon-marlin-trout), garlic crostini

FISH & SEAFOOD SALAD

Shrimp, scallops, fish fillet, mango, red onion, bell peppers, Scotch Bonnet pepper, cilantro, lime

COCONUT BREADED SHRIMP

Garlic chili dip, green papaya slaw

SEAFOOD BISQUE

Buttered croutons, sour cream swirl

CAESAR SALAD

Crisp romaine lettuce, creamy herb dressing, garlic croutons, parmesan cheese

TOMATO & HEARTS OF PALM SALAD

Shaved onions, basil pesto baby greens

ENTRÉES

STEAMED MUSSELS & CHORIZO

Signature Dish

Shallot, garlic, leeks, white wine, diced tomato, garlic bread

BLACKENED BLUE MARLIN FILLET

Buttered broccoli, Creole Sauce, steamed rice

VEGAN JERK CHICKEN

Premium Plant-based Hungry Planet® chicken meat, pumpkin purée, sweet potato, light jerk sauce, fruit salsa

SURF & SURF

Seared snapper fillet & broiled garlic herb prawn brochette, sautéed vegetable ribbons, mashed potatoes

VEGETABLE ALFREDO

Penne pasta, broccoli, bell pepper, mushrooms, green peas, garlic cream, truffle oil.
(Also available with grilled chicken breast)

SEAFOOD YOUR WAY

SEAFOOD

Grilled Swordfish Steak
Pan-Fried Snapper Fillet
Sautéed Shrimp

ACCOMPANIMENTS

Mashed Potato
Steamed Jasmine Rice
Lentil Stew
Roasted Potatoes
Chef's Choice of Vegetables

SAUCES

Creole
Lemon-Caper Beurre Blanc
Lemongrass-Coconut
Rosemary Merlot Demi-Glaze

DESSERTS


WARM JAMAICAN FRUIT CAKE


CHOCOLATE BROWNIE


ACKEE & WHITE CHOCOLATE CHEESECAKE

 Vegetarian

 Vegan

 Balanced Lifestyle
These dishes offer healthier preparations and lower calorie counts

 Gluten Free
Please consult your server on which dishes can be prepared gluten-free

 Lactose Free
Please consult your server on which dishes can be prepared lactose-free



Please inform your server if you have any food allergies or special dietary requirements. Sandals' kitchens are not food allergen-free environments. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness to young children, seniors and those with compromised immune systems.

Our Chefs proudly partner with these local farmers and artisans to source quality, fresh-picked ingredients: Valley Fruits Ltd. Bamboo Farms • Al Goloub And Sons • Lasgro Hydroponics • Advance Farms • Good Hope Country House