



Tucked away behind bamboo fronds and adorned with unique oriental décor, Sandals Resorts brings a taste of the Far East to the Caribbean. Named after Soy Sauce, a traditional ingredient in the art of Sushi, Soy offers exciting flavors and exotic sushi creations made to order. Skillfully prepared using only the freshest and most delectable ingredients, it's no wonder why Soy is such a popular option amongst our guests.

APPETIZERS

Edamame
Kosher salt

Seaweed Salad
Sesame & soy marinated wakame seaweed

Garlic Tuna
Tuna sashimi, seaweed salad, roasted garlic ponzu sauce

Salmon Carpaccio
Thinly sliced sashimi grade salmon, lemon vinaigrette

Conch Ceviche
Turks & Caicos conch, spicy lime dressing

Sashimi Poke
Mixed sashimi Hawaiian Poke, wonton chips

SOUP

Traditional Miso Soup

NIGIRI (2pc)

Sushi rice topped with sliced fresh fish:

Salmon - Sake

Tuna - Maguro

Yellowtail - Hamachi

Eel - Unagi

Imitation Crab Stick - Kani-kama

Scallop - Hotate

Conch - Horagai

SASHIMI (3pc)

Salmon - Sake

Tuna - Maguro

Yellowtail - Hamachi

Eel - Unagi

Imitation Crab Stick - Kani-kama

Scallop - Hotate

Conch - Horagai

SIGNATURE & TRADITIONAL ROLLS (4pc)

Seared Tuna Tataki (Signature Roll)
Shrimp tempura, seared tuna, ponzu, scallions

Spicy Tuna
Spice & herb marinated tuna, cucumber

Alaska
Crab, avocado, cucumber, smoked salmon, mayonnaise

Alaska California
Snow crab, cucumber, avocado

Philadelphia
Cream cheese, cucumber, spring onion, sesame seeds

Spicy Crispy Shrimp
Shrimp tempura, spicy mayo, avocado, crispy tenkasu, sushi sauce

Volcano
Spicy tuna, spicy crab, sushi sauce

Rocky Road
Crab, cucumber, avocado, shrimp, tempura flakes

Avocado Roll

Futo Maki
Carrot, lettuce, ginger, cucumber, avocado

Sake
Salmon roll

Maguro
Tuna roll


Hamachi
Yellowtail roll


SUSHI BOWLS

Rainbow
Crab, cucumber, avocado, salmon, tuna, yellowtail, masago


Fire Cracker
Spicy tuna chunks, crunchy tempura flakes, sweet soy, house hot sauce, soy aioli

Dragon
Crab, cucumber, avocado, broiled eel, eel sauce

 **Balanced Lifestyle** – These dishes offer healthier preparations and lower calorie counts.

 **Gluten-Free** – Please consult your server on which dishes can be prepared gluten free.

 **Vegetarian**

 **Lactose-Free** – Please consult your server on which dishes can be prepared lactose free.