



SET ON SPECTACULAR LOCATIONS on the soft white sands of some of the Caribbean’s best beaches, Barefoot by the Sea’s charm and ambience is unmatched. Here, you’ll dine on the freshest seafood fare available.

## LUNCH MENU

### SOUP & SANDWICH

Grilled ham & cheese sandwich, carrot-  
ginger soup, parsley sour cream

### LOBSTER SENSATION

Chilled BBQ lobster slaw, scented with  
garlic, parsley, lime, celery, fries

### CRETAN FETA CHEESE SALAD - V

Diced red onion, tomatoes, cucumber, seasonal greens,  
mint, parsley, olives, feta cheese, herb vinaigrett, parsley oil

### QUESADILLA

Chicken, sautéed onion, peppers guacamole, sour cream, salsa  
(Also available with vegetables only)

### VEGETABLE WRAP - VV

Crisp lettuce, grilled vegetables,  
tomatoes, garlic hummus spread

### FISH & CHIPS

Panko-crusted & fried fish fillet, curried sour  
cream & parsley oil, sweet potato fries

### SEAFOOD LINGUINE

Selected sautéed seafood, olive oil-tossed linguine  
pasta, green zucchini julienne, lemon olive oil

### CHARGRILLED BEEF BURGER

Beef patty, smoky BBQ aioli, lettuce, tomatoes,  
onion, dill pickles, American cheese, fries

### CLASSIC CAESAR SALAD

Crisp Romaine lettuce, garlic-herb dressing, herb oil croutons,  
anchovy fillets, grated Parmesan  
(Also available with grilled snapper or chicken supreme)

### ISLAND JERK CHICKEN OR PORK

Yard-style slow-cooked jerk pork or chicken,  
spicy jerk sauce, zesty Caribbean cabbage &  
corn slaw, curry oil, festival, steak fries

### GLUTEN-FREE PENNE AL FORNO - VV

Sautéed onion & garlic, zucchini & green peas, thyme-tomato  
passata, gluten-free penne, gratinated with vegan cheese

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Vegetarian - V      Vegan - VV

\*Please inform your server if you have any food allergies or special dietary requirements. Sandals’ kitchens are not food allergen-free environments. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness to young children, seniors and those with compromised immune systems.