

Barefoot By the Sea

SET ON SPECTACULAR LOCATIONS on the soft white sands of some of the Caribbean's best beaches, Barefoot by the Sea's charm and ambience is unmatched. Here, you'll dine on the freshest seafood fare available.

APPETIZERS

PORK BELLY GRIOT (DF)

Braised & fried pork belly, sweet plantain, mango, avocado, tomato, peppers, spicy citrus dressing

CARRIBEAN SPICED SEAFOOD CHOWDER

Lemongrass cream, sourdough bread bowl

BAHAMIAN CRAB CAKES

Crab meat, bell peppers, onions, corn, remoulade sauce

CARRIBEAN SPICED SALAD (GF, VV)

Mixed greens, spiced chickpeas, quinoa, hearts of palm, mango, herb vinaigrette

COCONUT CRUSTED SHRIMP

Spicy mango sauce

CONCH FRITTERS

Lemon & cracked black pepper aioli

ENTRÉES

CAICOS FISH STEW (DF)

Coconut crusted grouper, sweet peppers, onions, pumpkin, okra, steamed jasmine rice

SURF & TURF

Grilled shrimp kabob, Boston cut strip steak, whipped potato, market vegetables, red wine reduction, cilantro & scotch bonnet relish

ISLAND VEGGIE BURGER (V)

Chickpea & lentil patty, pineapple chutney, sweet potato fries, jerk mayo

TAMRIND-GLAZED BBQ RIBS

Tamarind-glazed baby back ribs, potato salad, festival, coleslaw

JERK SPICED MAHI MAHI (DF)

Grilled jerk-spiced mahi mahi, roasted corn puree, fried plantain cake, escovitch relish, avocado salsa
Inspired by TCI Jr.chef, gold medal dish 2025

KIDS

BROCCOLI & CHEESE MACARONI PIE

Cheesy baked broccoli-cheese pasta, creamy coleslaw

POPCORN CHICKEN

Breaded popcorn chicken, crisp fries, honey mustard sauce

BEEF KABOBS

Sweet teriyaki-glazed beef kabobs, steamed broccoli, jasmine rice

DESSERTS

WHITE CHOCOLATE CHEESE CAKE (GF)

Mango salsa, white chocolate crumble

BAKED LEMON TART

Raspberry sauce, whipped cream

COCOA BANANA TART

Milk chocolate-passion fruit ganache, chocolate streusels & passion fruit coulis

Vegetarian - V

Vegan - VV

*Please inform your server if you have any food allergies or special dietary requirements. Sandals' kitchens are not food allergen-free environments. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness to young children, seniors and those with compromised immune systems.