

Barefoot

By the Sea

SET ON SPECTACULAR LOCATIONS on the soft white sands of some of the Caribbean's best beaches, Barefoot by the Sea's charm and ambience is unmatched. Here, you'll dine on the freshest seafood fare available.

LUNCH MENU

CHILLED CUCUMBER SOUP

Grilled shrimp brochette, mint

GRILLED MAHI MAHI CAESAR SALAD

Crisp romaine leaves, marinated grilled mahi mahi fillet, sun dried tomato, citrus relish, herb croutons

FISH TACOS

Seared snapper, roasted corn salsa, pico de gallo, cabbage slaw, flour tortillas, lime

VEGAN CARIBBEAN COBB SALAD

Premium Plant-Based Hungry Planet® jerk chicken, mixed greens, avocado, tomato, onions, cucumber, avocado & coconut dressing

FRIED FISH SANDWICH

Anchovy aioli, tomatoes, lettuce, fries

TCI CONCH SALAD

Provo conch, diced onion, cucumber, sweet peppers, Scotch Bonnet peppers, cilantro, lime

CLUB SANDWICH

Chilled chicken salad, apple, bacon, lettuce, tomato, toasted Kaiser bun, mixed greens or fries

PULLED PORK SANDWICH

Slow-braised pulled BBQ Pork, pineapple relish, coleslaw, toasted Kaiser bun, fries

HERB ROASTED CHICKEN

Fries, coleslaw, pan gravy

VEGAN TACO SALAD

Premium Plant-Based Hungry Planet® chili beef, shredded lettuce, avocado, tomato salsa, cilantro, lime, flour tortilla shell

KIDS

WHOLE WHEAT TUNA MELT

Cucumber Sticks

PENNE PASTA WITH

CHICKEN & BROCCOLI

HAM & CHEESE WRAP

Mixed greens salad


DESSERTS


DEEP DISH APPLE PIE


WARM CHOCOLATE BROWNIE

 Vegetarian

 Vegan

 **Balanced Lifestyle**
These dishes offer healthier preparations and lower calorie counts

 **Gluten Free**
Please consult your server on which dishes can be prepared gluten-free

 **Lactose Free**
Please consult your server on which dishes can be prepared lactose-free


5-STAR
GLOBAL GOURMET™
SAVOUR THE WORLD

*Please inform your server if you have any food allergies or special dietary requirements. Sandals' kitchens are not food allergen-free environments. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness to young children, seniors and those with compromised immune systems.

Our Chefs proudly partner with these local farmers and artisans to source quality, fresh-picked ingredients: First Choice IGA • Island Fresh Produce • Fresh Products TCI Ltd • GK Food Service