



French for "The Gardner", this intimate restaurant is set in an elegant semi-circular room with 180 degrees of floor-to-ceiling windows looking out onto a lush tropical garden. Feast on exquisite classic French cuisine as you murmur in hushed tones to your beloved.

Great Beginnings

Juices as you wish

Orange, pineapple, cranberry, grapefruit or grape juice

Yogurt

Sweetened and plain

Cereal

Corn flakes, frosted flakes, raisin bran or all bran cereal. Regular, low fat or soy milk

Steel-Cut Oatmeal

Brown sugar, dried cranberries, almonds

Perfectly Ripe Fruit Plate

Vanilla yogurt sauce

Pastry Basket

Croissants, assorted Danish, muffins

Hot Signature Dishes

Smoked Salmon Benedict

Premium smoked salmon, crispy hash brown

Buttermilk Pancakes

Fruit compote, whipped butter, warm maple syrup

Ham and Cheese Waffle

Tropical fruit stew, bourbon maple syrup

Classics

Two Eggs Any Style

Crispy hash brown, bacon, ham or sausage

Local Breakfast Platter

Saltfish souse, fried plantain, sliced tomatoes, cucumber souse, fresh bakes and cocoa tea

Vegetable Omelet

Mushrooms, onion, peppers, tomatoes, spinach and cheese

Banana French Toast

Warm Grenadian rum & orange syrup

Open Face Omelets

Your choice of the following:

Lobster, shrimp, ham, onion, tomato, mushroom, sweet peppers, spinach

Corned Beef Hash

Two poached eggs, stone ground mustard Hollandaise

Sides

Cured Bacon

Breakfast Pork Sausage

Baked Beans

Crispy Hash Browns

Grilled Ham

Toast

Balanced Lifestyle – These dishes offer healthier preparations and lower calorie counts.

Vegetarian

Gluten-Free – Please consult your server on which dishes can be prepared gluten free.

Lactose-Free – Please consult your server on which dishes can be prepared lactose free.

* Please inform your server if you have any food allergies or special dietary requirements. Sandals' kitchens are not food allergen-free environments. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of foodborne illness to young children, seniors and those with compromised immune systems.