

LIGHT FARE

**JUICE AS YOU WISH**  
Orange, pineapple, passion fruit, grape fruit  
or local fruit juice of the day

**YOGURT**  
Sweetened or plain

**PERFECTLY RIPE FRUIT PLATE**  
Vanilla yogurt sauce

**CEREAL**  
Corn flakes, frosted flakes, raisin bran or all-bran;  
whole, low-fat or soy milk

**STEEL-CUT OATMEAL**  
Brown sugar, dried cranberries, almonds

**PASTRY BASKET**  
Croissants, assorted Danishes, muffins

**SMOKED SALMON  
& AVOCADO TOAST**  
Smoked salmon, avocado, shaved  
red onion, caper

SIGNATURES

**CLASSIC EGGS BENEDICT**  
Grilled ham, Hollandaise sauce, paprika dust

**SMOKED SALMON BENEDICT**  
Premium smoked salmon, crispy hash browns

**LOCAL BREAKFAST PLATTER**  
Ackee & Saltfish, Johnny cake, fried plantain,  
sautéed callaloo, tomato

**FLUFFY OMELETS**  
Your choice of shrimp, ham, onions, tomatoes,  
mushrooms, sweet peppers, spinach, cheddar, feta or  
pepper-jack cheese

**TWO EGGS ANY STYLE**  
Crispy hash browns, bacon, ham or sausage

**STEAK & EGGS**  
Strip steak, two eggs any style, crispy hash browns

**VEGAN CHORIZO  
& BAKED BEANS**  
Grilled premium plant-based Hungry Planet® chorizo,  
tomato, onion, pepper, scallion, crispy hash browns

**CORNED BEEF HASH**  
Two poached eggs, stone-ground mustard Hollandaise

**HAM & CHEESE WAFFLE**  
Tropical fruit stew, bourbon maple syrup




**PANCAKES**  
Blueberry compote, whipped butter, warm


**CHOCOLATE & BANANA  
FRENCH TOAST**  
Warm Appleton rum & orange syrup


SIDES


**CURED BACON  
CRISPY HASH BROWNS  
BREAKFAST PORK SAUSAGE**

**GRILLED HAM  
BAKED BEANS  
TOAST**

 Signature Dish  
 Vegetarian  
 Vegan

 Balanced Lifestyle  
Healthier preparations  
and lower calorie counts

 Gluten-Free  
Please consult your server on which  
dishes can be prepared gluten-free

 Lactose-Free  
Please consult your server on which  
dishes can be prepared lactose-free

Please inform your server if you have any food allergies or special dietary requirements. Sandals' kitchens are not food allergen-free environments. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness to young children, seniors and those with compromised immune systems.

Our Chefs proudly partner with these local farmers and artisans to source quality, fresh-picked ingredients: JP Tropical Foods Ltd. • Bamboo Farms • Al Golaub And Sons • Lasgro Hydroponics • Advance Farms • Valley Fruits Ltd. • Good Hope Country House