





## Handmade & Heartfelt

Where wellness meets bold flavors. A modern, all-day dining experience inspired by superfoods, functional ingredients, and fresh, vibrant nutrition.

## Functional Superfood Elixirs

A selection of invigorating elixirs and fresh juice blends designed to hydrate, revitalize, and fuel your wellness journey.

### SPIRULINA POWER SURGE **VV, DF, GF**

Spirulina, pineapple, banana, coconut water, lime

### BERRY ADAPTOGEN BOOST **V, GF**

Acai, goji berries, strawberries, almond milk, flaxseeds

### TURMERIC GOLDEN HOUR **VV, GF**

Turmeric, ginger, pineapple, black pepper, coconut milk

### MACA MOJO **V, GF**

Maca root, almond milk, cacao powder, dates, cinnamon

### MATCHA ZEN BLEND **V, GF**

Matcha green tea, coconut milk, vanilla bean, raw honey

## Signature House Blends

### CITRUS RADIANCE **VV, DF, GF**

Orange, pineapple, lemon, turmeric, mint

### APPLE GINGER GLOW **VV, DF, GF**

Apple, fennel, ginger, lemon

### TROPICAL GOLD **V, GF**

Mango, passionfruit, coconut milk, lucuma, lime

### HYDRATION BLISS **VV, DF, GF**

Watermelon, coconut water, lime, pineapple

### GREEN RENEWAL **VV, DF, GF**

Kale, celery, cucumber, green apple, spirulina, lemon

**BOOST IT:** Add Collagen | Protein | Spirulina | Matcha

## Fueling Artisan Bakery

Crafted with natural ingredients to provide a balance of flavor and nutrition to fuel your day.

### Wholesome Bakes

#### CINNAMON APPLE OAT MUFFIN **V**

Whole grain oat muffin, apple chunks, cinnamon

#### BANANA & WALNUT PROTEIN MUFFIN **V, GF**

Whole grain banana muffin with protein boost

#### TAHINI & DATE BROWNIE **VV, DF, GF**

Dark chocolate, tahini, dates, cacao nibs

#### GOLDEN TURMERIC LOAF **V, DF**

Moist turmeric-spiced loaf with coconut milk, ginger, and pumpkin

#### ALMOND BUTTER & DARK CHOCOLATE SCONES **GF, V**

Gluten-free almond scones, dark chocolate chunks

### Superfood Energy Bites & Protein Bars

#### ALMOND & CHIA ENERGY BITE **V, DF**

Rolled oats, almond butter, honey, chia seeds

#### HAZELNUT ESPRESSO PROTEIN BITE **VV, DF, GF**

Hazelnuts, cocoa powder, espresso shot, dates

#### MATCHA & PISTACHIO PROTEIN BAR **VV, DF, GF**

Matcha-infused oat bar, pistachio butter, almonds

#### DARK CHOCOLATE & SEA SALT PROTEIN BAR **V, GF**

70% dark chocolate, dates, almonds, sea salt

## Build Your Own Wellness Bowl

Fresh, balanced & customizable superfood bowls designed for optimal nourishment.

### STEP 1: CHOOSE YOUR BASE

Açaí **VV, GF** | Dragon Fruit **VV, GF** | Coconut Yogurt **V, GF** | Mango Passionfruit Blend **VV, GF** | Overnight Oats **V, DF**

### STEP 2: SELECT YOUR TOPPINGS

Nutty Granola | Fresh Berries | Banana | Coconut Flakes | Cacao Nibs | Hemp Seeds | Chia Seeds | Flaxseeds | Bee Pollen | Dark Chocolate Shavings | Goji Berries **VV, GF options available**

### STEP 3: PICK A DRIZZLE

Raw Honey | Agave | Almond Butter | Cacao Sauce | Date Molasses **VV, GF**

### STEP 4: CRUNCH IT UP

Toasted Quinoa | Crushed Pistachios | Roasted Almonds | Cinnamon-Spiced Pecans | Puffed Rice **VV, GF options available**

### STEP 5: SUPERFOOD BOOST

Matcha Powder | Spirulina | Maca Root | Collagen Peptides **VV, GF options available**