





# In the American South, hospitality is a way of life, and the best Southern hospitality takes place around the table.

Even strangers feel like family when sharing a tall drink, comfort foods made from simple, garden-grown ingredients cooked up home style and warm, friendly conversation. With open-air dining on a long covered veranda, the Southern Table offers up that same spirit of generous Southern hospitality. Come join our family!





# House Salad 🗸 🖢 🐦

Seasonal greens, shaved cabbage, roasted beets, radish, tomato, cucumber, herb vinaigrette

#### **Hearty Black Eyed Pea Soup**

Rich coconut infused vegetable broth, root vegetables, celery, scallion, chili, crispy bacon Can be made vegetarian

# Crispy Artichoke & Corn Fritter 🗸 💸

Garlic aioli, shaved Parmesan cheese

### **Cajun Spice-Rubbed Chicken Wings**

Bourbon BBQ sauce, blue cheese dressing

#### Pork Belly & Green Tomato

Braised pork belly, fried tomato, tomato jam

# **Buffalo Style Meatballs**

Carrot, celery, spicy buffalo wing sauce, honey-garlic ranch





### Free Range Fried Chicken - Signature Dish

Creamy red beans, steamed rice, sautéed vegetables

### Shrimp & Grits

Reef shrimp, smoked ham, peppers, tomato, onion, creamy stone ground grits

# **Smoked Pork Short Ribs**

Creamy mashed potato, corn bread, Coleslaw, tangy BBQ sauce

### **Braised Beef Brisket**

Buttered potato, sautéed carrots, radish, grilled onion, tomato, Bourbon reduction

### **Cast Iron Skillet Seared Sea Trout**

Creamy succotash (potato, onion, peppers, Lima bean, corn), grilled tomato

# **Cornmeal Crusted Catfish**

Creamed spinach, corn relish, roasted lemon

# **Grilled NY Steak**

Creamy mashed potato, sautéed market vegetables, Jack Daniel's-mushroom reduction, caramelized onion

### Vegan Sausage & Fettuccine 📝 🖢 💸

Maple cream sauce, candied bacon crumb



Grilled premium plant-based Hungry Planet® meat, seasonal vegetables, sautéed mushrooms, truffle jus





**Peach Cobbler** 

**Bread Pudding** Southern Comfort sauce

### **Bourbon Praline Cake**

Buttermilk custard, nut brittle

### Mamma's Red Velvet Cake

Coffee sauce, raspberry oil

### Signature Dish

Vegan



Balanced Lifestyle Healthier preparations and lower calorie counts

# ✓ Gluten-Free

Please consult your server on which dishes can be prepared gluten-free

## Lactose-Free

Please consult your server on which dishes can be prepared lactose-free

Please inform your server if you have any food allergies or special dietary requirements. Sandals' kitchens are not food allergen-free environments. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness to young children, seniors and those with compromised immune systems.

Our Chefs proudly partner with these local farmers and artisans to source quality, fresh-picked ingredients: JP Tropical Foods Ltd. Bamboo Farms • Al Golaub And Sons • Lasgro Hydroponics • Advance Farms • Valley Fruits Ltd. • Good Hope Country House

