



STRAND

SEAFOOD HOUSE

All of the following are served as Entree portions

ENTREE

CRISPY SKIN SEARED SALMON ✓

Shaved cucumber, carrot & herb salad, ginger-lime & fish sauce vinaigrette, crispy fried onion, aromatic basil

BLT BOWL ✓🌱🌱

White kidney beans, lettuce, tomatoes, croutons, farro, crispy, smoky kidney beans, Dijon-lemon-dill dressing
Also available with poached egg

HERB CRUSTED PRAWN SKEWERS WITH MEDITERRANEAN SALAD ✓

Arugula, shaved fennel, tomato, cucumber, red onion, citrus vinaigrette

TRADITIONAL COBB SALAD ✓

Lettuce, grilled chicken, tomatoes, blue cheese, bacon, hard-boiled egg, avocado, choice of dressing

BITTERBALLEN

Mustard dipping sauce

Served with your choice of Coleslaw or French fries

STRAND BURGER

Old-fashioned chopped sirloin, hummus, toasted garlic butter bun, lettuce, tomatoes, grilled onions, dill pickles
Choice of Swiss, Provolone or American cheese

ISLAND JERK CHICKEN

Cole slaw, spicy jerk sauce

PREMIUM PLANT-BASED HUNGRY PLANET® BURGER ✓🌱🌱

Toasted bun, lettuce, tomato, onion, dill pickles, tomato chutney, fries

FRIED FISH SANDWICH ✓

Fish fillet of the day, pesto mayo dressing

SHRIMP CAESAR WRAP ✓

Marinated & grilled shrimp, spinach flour tortillas, Romaine lettuce, herb croutons, Caesar dressing

SIMPLY GRILLED FISH FILLET ✓

Buttered seasonal market vegetables, parsley potatoes, garlic-lemon-caper butter

GRILLED OPEN FACE STEAK SANDWICH

Toasted baguette bread, fried egg, crispy onion rings, Chimichurri sauce, marinated tomato, blue cheese

✓ BALANCED LIFESTYLE Healthier preparations and lower calorie counts ✗ GLUTEN-FREE Can be prepared gluten free ✗ LACTOSE-FREE Can be prepared lactose free 🌱 VEGETARIAN 🌱 VEGAN

Please inform your server if you have any food allergies or special dietary requirements. Sandals' kitchens are not food allergen-free environments. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness to young children, seniors and those with compromised immune systems. Our Chefs proudly partner with local farmers and artisans to source quality, fresh-picked ingredients.