

ANTIPASTI

ANTIPASTI DISPLAY

Help your self to Chef's daily creations, prepared grilled, marinated or pickled, with the best ingredients available and our own selections of pressed olive oil and seasonings

MINISTRONE



Beans, vegetables, pasta, tomato, grated Parmesan



PIATTO UNICO

SIGNATURE DISH

POLLO ALLA PARMIGIANA

Breaded chicken breast, marinara sauce, mozzarella, spaghetti

FETTUCCINE ALFREDO

Alfredo cream sauce, fresh cracked pepper, Parmesan
Also available with grilled chicken breast or garlic shrimp

SPAGHETTI & MEATBALLS

House-made meatballs with beef & pork, tomato sauce, Parmesan, basil

SKIN SEARED SALMON TROUT

Farro ragù, braised fennel, roasted tomatoes, basil oil

LINGUINE AI SCAMPI

Linguine pasta, shrimp, sautéed zucchini, garlic, tomatoes, white wine

LASAGNE

Tomato-meat ragoût, Parmesan cream sauce, ricotta, basil oil

LINGUINE WITH CLAMS

Manila clams, roasted cherry tomato, light spicy tomato-shellfish broth

VEGAN SPAGHETTI ALLA BOLOGNESE



Premium plant-based Hungry Planet® tomato-meat ragout, fresh herbs

Also available with traditional meat sauce and Parmesan

COSTOLETTA DI VITELLO

Chargrilled veal chop, market vegetables, mashed potatoes, roasted garlic, veal reduction

BISTECCA ALLA GRIGLIA

New York Striploin steak, Caponata, roasted garlic, grilled polenta, Barolo & veal reduction

DOLCE

TIRAMISÙ

Light mascarpone mousse, espresso coffee, cocoa powder

BAKED PEAR RICOTTA TART

Pear compote, cinnamon Chantilly cream

CHOCOLATE & ROASTED HAZELNUT TART

Hazelnut cream

BALANCED LIFESTYLE Healthier preparations and lower calorie counts

GLUTEN-FREE Can be prepared gluten free **VEGETARIAN**

LACTOSE-FREE Can be prepared lactose free **VEGAN**

Please inform your server if you have any food allergies or special dietary requirements. Sandals' kitchens are not food allergen-free environments. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness to young children, seniors and those with compromised immune systems. Our Chefs proudly partner with local farmers and artisans to source quality, fresh-picked ingredients.