

PARISOL BEACH CLUB

LUNCH MENU

Callaloo and Artichoke Dip

callaloo, spinach, artichoke,
parmesan, plantain chips

White Bean Hummus

crudité

Chopped Salad

edamame, carrots, pumpkin seeds,
soft boiled eggs, apple cider vinaigrette

Chilled Cucumber Salad

chocho, chili-sesame dressing

Shrimp Ceviche

poached shrimp, red onion, scotch bonnet,
citrus, plantain chips

Mahi Bites

cornstarch fried, tartar sauce, lemon

Doubles

turmeric flatbread, curry chickpeas,
cucumber, mango chutney

Bakes

fried dumpling, sauteed salt fish,
tomato, bell peppers

Hot Fried Chicken Sandwich

Vincy Fresh buffalo sauce,
cabbage slaw, pickles, fries

Burger & Fries

angus patty, pepper jack cheese,
pineapple, pickled red onion

Snapper & Local Provisions

lemongrass rice, ginger-cabbage slaw,
sauteed vegetables

Grilled Chicken Paillard

arugula salad, apple cider
vinaigrette, lemon

Marinated Skirt Steak

green seasoning marinade,
crisp potato, chimichurri

DESSERTS

Guava Parfait

guava bars, coconut cream,
maria cookie streusel

Tropical Ice Box Pie

served with diced fresh fruit

Frisko Soursop Sorbet