GREAT BEGINNINGS

JUICES AS YOU WISH

ORANGE, APPLE, PINEAPPLE, CRANBERRY, GRAPEFRUIT, LOCAL FRUIT JUICE OF THE DAY

SMOOTHIE BOWL

YOGURT, BANANA, GRANOLA, KIWI, PINEAPPLE, ROASTED PECANS, TOASTED ALMONDS, SHREDDED COCONUT

SEASONAL FRUIT SALAD

FRESH MINT (V, VV)

STEEL-CUT OATMEAL

BROWN SUGAR, BERRY COMPOTE, ALMONDS (V. VV)

AVOCADO TOAST

GRILLED WHOLE GRAIN BREAD, AVOCADO PURÉE, SHAVED ONION, TOMATO, LEMON-HERB - ALSO AVAILABLE WITH SMOKED SALMON (V, VV)

CEREAL

CORN FLAKES, FROSTED FLAKES, RAISIN BRAN, FRUIT LOOPS OR CHEERIOS CEREAL. REGULAR. LOW FAT OR SOY MILK

BAGEL & LOX

SMOKED SALMON, TOASTED BAGEL, CREAM CHEESE, CAPERS, ONION, TOMATO

CLASSICS

STEAK & EGGS

GRILLED BEEF MEDALLION, FRIED EGGS, BREAKFAST POTATOES

ALL AMERICAN BREAKFAST

SCRAMBLED OR FRIED EGGS, BACON, SAUSAGE, CRISPY HASH BROWNS

BUTTERMILK PANCAKES

CHOICE OF CHOCOLATE CHIP, BLUEBERRY OR VANILLA BEAN

CARIBBEAN LOBSTER & SHRIMP OMELET

LOBSTER, SHRIMP, ONIONS, PEPPERS, PEPPER JACK CHEESE, POTATO & BELL PEPPER HASH



Signature Dish

SALMON EGGS BENEDICT

ENGLISH MUFFIN, SMOKED SALMON, POACHED EGGS, HOLLANDAISE SAUCE

BELGIAN WAFFLE

BLUEBERRIES, MAPLE SYRUP, CINNAMON SUGAR

ACKEE & SALTFISH

STEAMED CALALLOO, FRIED DUMPLING

SIGNATURE OMELET

FARM EGGS, GRILLED ZUCCHINI, PEPPERS, SLICED HAM, CHEDDAR CHEESE

CRUNCHY COCONUT FRENCH TOAST

CARAMELIZED BANANAS, SYRUP

SIDES

BACON

PORK BREAKFAST SAUSAGE

GRILLED HAM

HASH BROWNS

BAKED BEANS

TOAST

V - VEGETARIAN, VV - VEGAN.