STRAND

BREAKFAST MENU

Fruit Plate — GF, VV
seasonal tropical fruits

Overnight Oats — GF, VV
almond milk, pumpkin seeds,
sunflower seeds, apple

Open-Faced Ciabatta Toast — V
smashed avocado, radishes, feta
cheese, pickled red onions
+ add poached egg or smoked salmon

Banana Bread Toast — V
almond butter, whipped ricotta, honey,
bananas, candied walnuts

Omelet — V
choice of: bacon, ham, cheese, spinach, tomatoes,
mushrooms, bell peppers, breakfast potatoes

Shrimp Omelet — GF
poached shrimp, herb mascarpone,
breakfast potatoes

Eggs Any Style
breakfast potatoes, choice of toast, choice of side

Classic Eggs Benedict
english muffin, Canadian bacon,
poached eggs, hollandaise

Smoked Pork Benedict
poached eggs, hollandaise

Bagel Platter
cream cheese, smoked salmon, capers,
red onion, tomato, cucumber

Chicken & Waffles
fried chicken thigh, crisp waffle,
rum syrup, pepper sauce

SIDES

Breakfast Potatoes

Bacon

Toast (white, wheat or country)

Sausage

V — VEGETARIAN VV — VEGAN GF — GLUTEN FREE

Please inform your server if you have any food allergies or special dietary requirements. Sandals' kitchens are not food allergen-free environments. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness to young children, seniors and those with compromised immune systems.

Our Chefs proudly partner with local farmers and artisans to source quality, fresh-picked ingredients.