

KELLY'S DOCKSIDE

SEASIDE BAR & GRILL

MORNING ESSENTIALS

Revitalizing Fresh Juices

Morning Essentials – orange, grapefruit, pineapple, cranberry, apple
Local Specials– Passion Fruit, Guava
Other seasonal fruit selection

Tropical Fruit Platter - VV,GF

Fresh-cut seasonal fruits, coconut curls

Blueberry and Peanut Parfait

Natural yogurt, blueberry compote, homemade granola, roasted peanuts

Non Yogurt Chia & Mango Parfait - VV

Coconut-infused chia, vanilla bean, caramelized pineapple

Caramelized Apple and Almond Muesli

Soaked un-cooked oats, cinnamon
caramelized apples, grapes, sliced banana
toasted almonds

Mango Cream Cheese Pancakes

Whipped cream cheese, chunky mango bits, blueberry compote,toasted walnuts, maple syrup

Coconut Cream Filled Brioche French Toast

Coconut custard, toasted brioche, coconut flakes, light rum syrup

Smashed Avocado Honey Wheat Toast - VV

Grape tomato, red onion, cilantro, herb oil
Enhance with: Poached Egg, Scottish Smoked Salmon

KELLY’S SIGNATURE COLLECTION

Benedict Royale

Toasted English muffin, poached eggs, rich Island Hollandaise
*Choice of: grilled ham, smoked salmon
garlic shrimp, sautéed callaloo*

Crispy Chicken & Waffles

Buttermilk-fried chicken, waffle
*Choice of: spiced orange syrup or
Classic maple syrup*

Spiced Steak & Eggs - GF

Grilled Manhattan cut steak, eggs “your way,” fried plantain, sauteed callaloo, sweet potatoes
Local Pepper Flavored Hollandaise Sauce

The Heritage Omelette -GF

Farm fresh eggs, aged cheddar, bell peppers, smoked ham, tomatoes, onion, spinach

Eggs Your Way

Fried plantain, sauteed callaloo, sweet potatoes

ON THE SIDE

to complete your breakfast selection

Pork Sausage, Smoked Bacon, Grilled Ham, Breakfast Potatoes,
Baked Beans, Wheat Toast, White Toast

V - Vegetarian VV - Vegan GF-Gluten Free

Please inform your server if you have any food allergies or special dietary requirements. Sandals’ kitchens are not food allergen-free environments. Consuming raw or under-cooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illnesses to young children, seniors and those with compromised immune systems.