

GREAT BEGINNINGS

FRUIT JUICES

Orange, apple, pineapple, grapefruit, cranberry

FRESH BAKED PASTRY BASKET

Assorted freshly baked Danishes & croissants

CEREAL V

Corn Flakes, Frosted Flakes, Raisin Bran, Cheerios cereal. Regular, low fat or soy milk

SMOKED ATLANTIC SALMON & BAGEL V

Hickory smoked salmon, capers, cream cheese

SMOOTHIE BOWL V

Mango yogurt, granola, seasonal diced fruits, roasted pecans, toasted almonds, shredded coconut

STEEL CUT OATMEAL 🍑 🖫 🗗

Brown sugar, cranberries, almonds

SEASONAL FRUIT PLATE 💸 🦫 🕻

Watermelon, pineapple, cantaloupe, kiwi, papaya, fresh mint

HOT SIGNATURE DISHES

EGG MUFFIN

Buttered & grilled English muffin, free-range egg (fried or scrambled), cheese, crispy bacon

FLUFFY PANCAKE

Blueberry compote, warm maple syrup

CRUNCHY BANANA FRENCH TOAST

Braised bananas, warm rum syrup

OPEN FACE OMELET

Made-to-order with your choice of shrimp, ham, onions, tomatoes, mushrooms, sweet peppers, spinach, cheddar, feta or pepper jack cheese

VEGAN CHORIZO & BEANS V



Premium plant-based Hungry Planet® chorizo, onion, pepper, grilled tomato, crispy hash browns

CLASSICS

TWO EGGS ANY STYLE

Crispy hash browns and choice of bacon, ham or sausage

CLASSIC EGGS BENEDICT

Grilled ham, Hollandaise sauce, paprika dust

STEAK & EGGS

Grilled minute steak, two eggs, crispy hash browns

ENGLISH BREAKFAST

Fried eggs, baked beans, crispy bacon, grilled tomato, sautéed mushroom, breakfast sausages or bangers

VEGETABLE OMELET V

Made-to-order with your choice of onions, tomatoes, mushrooms, peppers, spinach, cheddar or pepper jack cheese

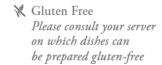
SIDES

PORK BREAKFAST SAUSAGE - BACON - GRILLED HAM -BAKED BEANS - TOAST - HASH BROWNS





❖ Balanced Lifestyle These dishes offer healthier preparations and lower calorie counts



Lactose Free Please consult your server on which dishes can be prepared lactose-free



Please inform your server if you have any food allergies or special dietary requirements. Sandals' kitchens are not food allergen-free environments. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness to young children, seniors and those with compromised immune systems.