
BALANCED LIFEST YIE
Healthier preparations

and lower calorie counts $\quad$\begin{tabular}{l}
CaCTOSE－FREE \\
lactose free \\

| GLUTEN－FREE |
| :--- |
| Can be prepared |
| gluten free | \\

\end{tabular}

Please inform your server if youhave any food allergies or special dietary requirements Sandals＇kitchens are not food allergen－ free environments．Consuming raw or undercookedmeats，poultry，seafood，shellfish or eggs may increase the risk of food－borne illness to young children，seniors and those with compromised immune systems．
Our Chefs proudly partner with these local farmers and artisans to source quality fresh－picked ingredients：Exuma Farmers Association • Green Leaf Farms
$\underset{5-\text { STAR }}{\star} \star \star$
GLOBAL
GOURMET．

## LIGHT FARE

## JUICES AS YOU WISH

Orange，pineapple，passion fruit，grapefruit or fresh fruit smoothie of the day

## YOGURT ن

Sweetened or plain
FRUIT PLATE＊
Vanilla yogurt sauce

## CEREAL＊

Corn flakes，frosted flakes，raisin bran or all－bran： whole，low－fat or soy milk

STEEL－CUT OATMEAL シャ
Brown sugar，dried cranberries，almonds

## PASTRY BASKET

Croissants，assorted Danishes，muffins

## SIGNATURES

## CLASSIC EGGSBENEDICT

Grilled ham，Hollandaise sauce，paprika dust

## SMOKED SALMON BENEDICT

Premium smoked salmon，crispy hash browns

## OPEN－FACE OMELETS

Your choice of lobster，shrimp，ham，onions， tomatoes，mushrooms，sweet peppers，spinach， cheddar，feta or pepper－jack cheese

TWO EGGS ANY STYIE
Crispy hash browns，bacon，ham or sausage

## CORNED BEEF HASH

Two poached eggs，stone－ground mustard Hollandaise

## STEAK \＆EGGS

Strip steak，two eggs any style，crispy hash browns
VEGETABLE OMELET ンヵ
Mushrooms，onions，peppers，tomatoes，spinach，cheese

## PANCAKES ${ }^{\circ}$

Blueberry compote，whipped butter，warm
CRUNCHY BANANA FRENCH TOAST＊
Warm Appleton rum and orange syrup

## SIDES

## CURED BACON

GRILIED HAM
BREAKFAST PORK SAUSAUGE
CRISPY HASH BROWNS
BAKED BEANS

