

Appetizers

CRACKED CONCH & CALAMARI

Crispy conch & calamari, escoveitch vegetables, remoulade dipping sauce


SNAPPER CARPACCIO

Chilled lemon-coconut broth, roasted pineapple relish, chili oil 

WEST INDIAN CURRIED BUTTERNUT SQUASH

Herb croutons, roasted cashews, chive oil 


SAPODILLA SALAD

Endive, hearts of palm, tomato, orange, ricotta, mango vinaigrette 

ARUGULA & ALMOND SALAD

Red wine poached pear, blue cheese, almond brittle, roast leek vinaigrette

VEGAN CHORIZO

Premium plant-based Hungry Planet® chorizo, yellow lentil bisque, jerk infused mango chutney 

WARM GRILLED PRAWN & NOODLE SALAD

Sesame-lemongrass vinaigrette, julienned vegetables, wonton crunch

Entrée


JAMAICAN STYLE STEAMED SNAPPER FILLET (Signature Dish)

Peppers, onion, pumpkin, tomato, okra, thyme, garlic, scotch bonnet pepper, coconut reduction

CARIBBEAN STYLE COUSCOUS

Couscous, roasted vegetables, paneer cheese, coconut-curry cream, toasted almonds
Also available with roasted chicken breast

SOUTH CAICOS GROUPEL

Seafood-tomato-wine ragoût, sweet potato purée, asparagus 

BEEF TENDERLOIN

Foie gras, torchon, creamed cassava, grilled scallions, roasted tomato, Blue Mountain coffee reduction


ROASTED LAMB RACK

Pommes pont neuf, balsamic braised onions, crunchy beans, aromatic juices

SHRIMP & SCALLOP BROCHETTE

Watermelon, jerk vegetables, sweet corn soubise, herb oil

VEGAN JERK CHICKEN ROULADE

Premium plant-based Hungry Planet® chicken, sweet potato purée, wilted greens, carrots, roast garlic jus 

Dessert

RASPBERRY YOGURT PARFAIT

Citrus mascarpone, stewed berries

COCONUT CREMA CATALANA

Baked coconut custard, compressed pineapple, mango


BANANA RUM TART


Banana & hazelnut tart, cinnamon snap


SINFUL CHOCOLATE CINNAMON ICE CREAM

 Vegan

 Vegetarian

 Balanced Lifestyle
These dishes offer healthier preparations and lower calorie counts

 Gluten Free
Please consult your server on which dishes can be prepared gluten-free

 Lactose Free
Please consult your server on which dishes can be prepared lactose-free

 Signature

Please inform your server if you have any food allergies or special dietary requirements. Sandals' kitchens are not food allergen-free environments. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness to young children, seniors and those with compromised immune systems.

Our Chefs proudly partner with these local farmers and artisans to source quality, fresh-picked ingredients: First Choice IGA • Island Fresh Produce • Fresh Products TCI Ltd • GK Food Service