

Appetizers

CRACKED CONCH & CALAMARI

Crispy conch & calamari, escoveitch vegetables, remoulade dipping sauce

SNAPPER CARPACCIO

Chilled lemon-coconut broth, roasted pineapple relish, chili oil

WEST INDIAN CURRIED BUTTERNUT SQUASH

Herb croutons, roasted cashews, chive oil

SAPODILLA SALAD

Endive, hearts of palm, tomato, orange, ricotta, mango vinaigrette

ARUGULA & ALMOND SALAD

Red wine poached pear, blue cheese, almond brittle, roast leek vinaigrette

VEGAN CHORIZO

Premium plant-based Hungry Planet® chorizo, yellow lentil bisque, jerk infused mango chutney

WARM GRILLED PRAWN & NOODLE SALAD

Sesame-lemongrass vinaigrette, julienned vegetables, wonton crunch

Entrée

JAMAICAN STYLE STEAMED SNAPPER FILLET (Signature Dish)

Peppers, onion, pumpkin, tomato, okra, thyme, garlic, scotch bonnet pepper, coconut reduction

CARIBBEAN STYLE COUSCOUS

Couscous, roasted vegetables, paneer cheese, coconut-curry cream, toasted almonds
Also available with roasted chicken breast

SOUTH CAICOS GROUPEL

Seafood-tomato-wine ragoût, sweet potato purée, asparagus

BEEF TENDERLOIN

Foie gras, torchon, creamed cassava, grilled scallions, roasted tomato, Blue Mountain coffee reduction

ROASTED LAMB RACK

Pommes pont neuf, balsamic braised onions, crunchy beans, aromatic juices

GRILLED SPINY LOBSTER

Watermelon, jerk vegetables, sweet corn soubise, herb oil

VEGAN JERK CHICKEN ROULADE

Premium plant-based Hungry Planet® chicken, sweet potato purée, wilted greens, carrots, roast garlic jus

Dessert

RASPBERRY YOGURT PARFAIT

Citrus mascarpone, stewed berries

COCONUT CREMA CATALANA

Baked coconut custard, compressed pineapple, mango

BANANA RUM TART

Banana & hazelnut tart, cinnamon snap

SINFUL CHOCOLATE CINNAMON ICE CREAM



Vegan



Vegetarian



Balanced Lifestyle
These dishes offer healthier preparations and lower calorie counts



Gluten Free
Please consult your server on which dishes can be prepared gluten-free



Lactose Free
Please consult your server on which dishes can be prepared lactose-free



Signature



Please inform your server if you have any food allergies or special dietary requirements. Sandals' kitchens are not food allergen-free environments. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness to young children, seniors and those with compromised immune systems.

Our Chefs proudly partner with these local farmers and artisans to source quality, fresh-picked ingredients: First Choice IGA • Island Fresh Produce • Fresh Products TCI Ltd • GK Food Service