

Tucked away behind bamboo fronds and adorned with unique oriental décor, Sandals Resorts brings a taste of the Far East to the Caribbean. Named after Soy Sauce, a traditional ingredient in the art of Sushi, Soy offers exciting flavors and exotic sushi creations made to order. Skillfully prepared using only the freshest and most delectable ingredients, it's no wonder why Soy is such a popular option amongst our guests.

APPETIZERS

Boiled Edamame • • V
Kosher salt

SOUPS & SALADS

Traditional Miso Soup

Ahi & Albacore Ponzu Tataki Salad

Tofu Salad ❖
Sesame dressing

CARPACCIO

Seared Tuna Wasabi

Yellowtail

Jalapeño chili, ponzu sauce

Albacore Tataki

Sesame dressing, crispy leeks

NIGIRI (2pc)

Sushi rice topped with sliced fresh fish:

Albacore – Shiro Maguro

Egg - Tamago

Freshwater BBQ Eel – Unagi

Octopus – Mushi Tako

Salmon - Sake

Shrimp – Ebi

Tuna – Maguro

Yellowtail - Hamachi

SASHIMI (3pc)

Albacore – Shiro Maguro

Octopus – Mushi Tako

Salmon - Sake

Tuna - Maguro

Yellowtail - Hamachi





Balanced Lifestyle – These dishes offer healthier preparations and lower calorie counts.



Gluten-Free – Please consult your server on which dishes can be prepared gluten free.









SIGNATURE & TRADITIONAL ROLLS (4pc)

Snow Crab ❖

Snow crab, avocado, cucumber, soy paper

California Roll

Imitation crab, cucumber, avocado

Spicy Tuna

Chunked spicy tuna, cucumber

Vegetable Roll 🆠

Asparagus, avocado, cucumber, daikon sprouts, carrots

Rainbow

California roll topped with assorted sashimi

Salmon Lover

Crab, asparagus, salmon, avocado, Champagne sauce

Champagne Lobster

Blanched lobster, avocado, soy yuzu paper

Seared Tuna Tataki (Signature Roll)

Shrimp tempura, seared tuna, ponzu, scallions

SIGNATURE & TRADITIONAL ROLLS (4pc)

Dragon Eel

Shrimp tempura, BBQ eel, sushi sauce, roasted sesame seeds

Crispy Philly

Salmon, cream cheese, avocado, flash fried in panko, Champagne sauce, spicy aioli

Spicy Crispy Shrimp

Shrimp tempura, spicy mayo, avocado, crispy tenkasu, sushi sauce

Crispy Spicy Tuna

Spicy tuna and asparagus, flash fried in panko, sushi sauce, roasted sesame seeds

Caribbean Dynamite

Baked snow crab and eel dynamite, spicy mayo, cream cheese sliced Scotch Bonnet, garlic rayu





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